

SUCCESSSES

- CHEF project distributed 6,610 Food Bags, totaling 115,240 pounds of food.
- Overall - 15,781 individuals were reached at 13 sites conducting Policy, System or environmental changes.
- Six school gardens were established or revitalized for outdoor learning.
- Trained over 25 afterschool leaders and five physical education teachers to provide more active play.



RESULTS

Youth

- 74% of youth said yes, they would be willing to ask for the foods again at home.

Adult

- Over 80% of adults know easy ways to save money on food.
- *"It has affected the way I cook and what I choose to buy and eat."*

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

Overweight children are more likely to be obese adults.

- Stanislaus/Merced Counties have an average rate of adult obesity of 70%; compared to the state rate of 63%.

School Meals and summer feeding programs are often the only sources of meals for children in this area.

- 48% of students in Merced eat both breakfast and lunch at school.
- 74% of Stanislaus and 77% of Merced students receive free lunches

These measures are a reflection of the continuing high unemployment rates in both counties.

- Stanislaus unemployment rate is 6.3%: in Merced the unemployment rate is higher at 7.2%.

Serving Individuals and Communities

- In partnership with the United Way of Stanislaus County Health initiative of Cooking. Healthy. Eating. Food (CHEF) UC CalFresh collaborated with Second Harvest Food Bank to provide families with two food bags (15-18 lb.) and provide nutrition education to approximately 112 families.
- Provided direct education services to over 60 sites; 3 Preschools; 12 Adult or family Education sites including Job Training Sites; and 33 Schools (K-12) including after school programs.

Providing Nutrition Education

YOUTH: (K-12):

- Provided Nutrition Education to 1,548 youth through 62 teacher extenders.
- Integrated physical activity into 32 sites.
- Connecting with STEM learning, UC CalFresh provided garden based nutrition education.

ADULTS:

- Reaching 2,004 adults, provided 8,013 adult nutrition education lessons focusing on making healthy choices by reading food labels, comparing prices and planning ahead.

Helping to Make Organizational and Environmental Changes

- Educators collaborate with food service staff to transform lunchrooms. Nudging students to make healthier food choices.
- Working with Livingston Union School District to provide ongoing training to food service, school and district staff.

Serving California Agriculture

- As a collaborative partner of the Regional Food and Nutrition Network we focus on creating a regionally recognized Harvest of the Month calendar to be used by all participating agencies.

Building Partnerships

- UC CalFresh collaborated with over 22 community partners to maximize success across the two counties.

UCCE Stanislaus and Merced Counties
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