

## UC CalFresh Weekly Update November 30, 2015



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### UC CalFresh Name Badges

The UC CalFresh State Office will be placing a coordinated order of UC CalFresh Nutrition Education Program Name Badges for **new staff**. New staff members may submit their order by completing the following survey: <http://ucanr.edu/survey/survey.cfm?surveynumber=16611>. Responses to this survey are due by **5:00 PM on Friday, December 11, 2015**. The UC CalFresh State Office will not be ordering name badges for staff who have previously ordered and received their name badges. Please contact the UC CalFresh State Office or Rolando Pinedo ([rgpinedo@ucdavis.edu](mailto:rgpinedo@ucdavis.edu), (530) 754-7794) if you have any questions.

### Upcoming Events & Deadlines



#### DECEMBER 2015

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

#### NERI Items from the UC CalFresh State Office

Spanish refrigerator/freezer thermometers were ordered and sent to the UC CalFresh programs. Email notifications were sent to UC CalFresh Advisors and Program Supervisors on 11/24/15. Please email **Rolando Pinedo** ([rgpinedo@ucdavis.edu](mailto:rgpinedo@ucdavis.edu)) and **Stefanne Haro-Maendly** ([haromaendly@ucdavis.edu](mailto:haromaendly@ucdavis.edu)) if you have any questions related to this item.

#### 12/4/15 Final County Annual Reports & County Profiles Due to the UC CalFresh State Office

Final copies of the FFY 2015 UC CalFresh Annual Reports & County Profiles are due to the UC CalFresh State Office. For additional information, please visit the UC CalFresh FFY 2015 Call for Annual Report webpage: <http://www.uccalfresh.org/front-page/ffy-2016-call-for-final-reports>.

#### 12/8/15 CATCH PE K-8th Grade Training, 8:30 AM-3:30 PM

There are still spots open for the CATCH PE December 8th training. This is a one-day training covering grades K-8. If you are interested in participating in this training, please contact **Michele Byrnes** at [mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu) or (530) 752-0711.

#### 12/9/15 LIA SNAP-Ed Forum Pre-Webinar #2: IWP Follow-Up, 10:00-11:30 AM

This Pre-Forum Webinar will provide a follow-up on the IWP discussed in Pre-Forum Webinar #1. Please visit the [2016 LIA SNAP-Ed Forum website](http://www.uccalfresh.org/2016-lia-snap-ed-forum-website) for additional information. To register for this webinar, please visit: <https://attendee.gotowebinar.com/register/6743374451957666561>.

#### 12/15/15 UC CalFresh Town Hall Webinar, 12:30-2:00 PM

The December UC CalFresh Town Hall webinar is scheduled for **December 15, 2015 from 12:30-2:00 PM**. Additional information regarding this webinar will be forthcoming.

#### 12/22/15 Last Day for Room Blocks at DoubleTree Hotel for 2016 SNAP-Ed LIA Forum

A block of rooms has been reserved at the DoubleTree Sacramento for the nights of Tuesday, January 12, 2016 and Wednesday, January 13, 2016 at the rate of \$95/night. To make a reservation online, please visit our [Forum Room Reservation Page](http://www.doubletree.com/reservation). You may also call 1-800-344-4321 to secure your reservation and mention that you are a guest of the SNAP-Ed Local Implementing Agency Forum.

#### 1/13-1/14/16 2016 SNAP-Ed LIA Forum, Sacramento, CA

#### 1/15/16 UC CalFresh Advisor and Program Supervisor Meeting, 8:30-4:00 PM, Sacramento, CA

UC CalFresh Advisors and Program Supervisors: Please Save the Date for the UC CalFresh Advisor and Program Supervisor Meeting scheduled for **Friday, January 15, 2016** at the DoubleTree Hotel in Sacramento, CA. Additional details for this meeting will be forthcoming.



# SNAP-Ed Local Implementing Agency Forum

*Going the Distance: Paving the Way for Effective Multi-Year SNAP-Ed Program Delivery*

January 13 – 14, 2016 • Sacramento, CA



The 2016 SNAP-Ed Local Implementing Agency Forum (LIAF) brings together SNAP-Ed implementers from across 56 counties and three cities in California to share their experiences and advance their programming to benefit the health of low-income Californians. The goal of the 2016 SNAP-Ed LIAF is to create a statewide forum that brings all five SNAP-Ed implementing agencies together to promote the sharing of SNAP-Ed successes, plan for and develop a multi-year integrated work plan and support current and future SNAP-Ed work in California. Please visit the [2016 LIAF website](http://www.cvent.com/events/2016-lia-snap-ed-forum/event-summary-635d7b2737b344879b0e1d218dca40cf.aspx) for additional details: <http://www.cvent.com/events/2016-lia-snap-ed-forum/event-summary-635d7b2737b344879b0e1d218dca40cf.aspx>.

## Date, Location & Accommodations

The 2016 SNAP-Ed LIAF is scheduled for **Wednesday and Thursday, January 13-14, 2016** at the [DoubleTree Sacramento](#). A block of rooms has been reserved at the DoubleTree Sacramento for the nights of Tuesday, January 12, 2016 and Wednesday, January 13, 2016 at the rate of \$95/night. To make a reservation online, please visit our [Forum Room Reservation Page](#). You may also call 1-800-344-4321 to secure your reservation and mention that you are a guest of the SNAP-Ed Local Implementing Agency Forum. **The cut-off date for booking your room is December 22, 2015.**

## Registration, Online Registration Deadline: January 6, 2016

Registration to the 2016 SNAP-Ed LIA Forum is now open. Please visit the [Forum Website](#) to register for the in-person forum. **The deadline for online registration is January 6, 2016.**

## Pre-Forum Webinars

There will be two pre-forum webinars. All webinars will be recorded and posted if you are unable to attend the live viewing. See the [Pre-Forum Webinar page](#) on the website for more details.

- \* **Webinar #1: Multi-Year IWP Template and Information**, Monday, November 16, 2015, 2:00-3:30 PM. [Click here](#) to register.
  - \* A copy of the PDF template of the [Integrated Work Plan for FFY 17-19](#) is available for download from the 2015 LIA SNAP-Ed Forum website.
- \* **Webinar #2: IWP Follow-Up**, Wednesday, December 9, 2015, 10:00-11:30 AM. [Click here](#) to register.

## In-Person Forum

The in-person Forum will include many different opportunities for connecting with partners, capacity building, and time to work on your Integrated Work Plans. The Forum will include:

- \* General Sessions—content relevant and essential to all Forum attendees (will include main Forum topic of multi-year, multi-sector planning and evaluation)
- \* Capacity Building/Programmatic sessions—includes facilitated roundtables and specific topic areas and conference-style presentation sessions on LIA/SIA identified high priority content areas. There will be capacity building sessions on both days of the Forum.
- \* Integrated Work Plan Session—a Day 2 session dedicated to work on the multi-year IWP for FFY17-19

Additional information regarding the 2016 SNAP-Ed LIA Forum will be shared as it becomes available. For UC CalFresh staff, please contact **Andra Nicoli** ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu), (530) 754-9059) if you have any questions.

# UC CalFresh Weekly Update: November 30, 2015

One Shields Avenue, 1103 Meyer Hall • Davis, CA 95616 • (530) 754-7794

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cal fresh Nutrition Education

<http://www.uccalfresh.org>



## UC CalFresh Success Stories

The State Office will begin sharing successes through this new feature in the Weekly Updates. Successes for FFY 2016 can be shared through the online data entry portal: <http://ucanr.edu/survey/survey.cfm?surveynumber=16525>.

*"I learned that water moves fiber, which makes it easier for you to flush your system. So I'll be drinking more water everyday. [Also] that calcium helps my bones to stay strong, protein helps me stay balanced, and fruits and vegetables give me the energy to get through the day to day activities."*

—Eating Smart, Being Active Participant, Riverside County

*"This class has helped me make changes, like milk low in fat, and eating more fruits and vegetables and to know about the different types of oil to cook with. [Also] about whole grain breads [and] that it be 100% whole grains."*

—Plan, Shop, Save & Cook Participant, Santa Clara County

## Welcome New UC CalFresh Staff!

This new feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a short paragraph and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).



### Jess Onorato, Community Education Specialist 2, UCCE Butte County Cluster

Jess, originally from Anaheim, CA, was first introduced to the importance of Nutrition Education while in college. She took a nutrition course as an elective while majoring in Business, and states that she quickly realized how uneducated she was with regards to her health. Within weeks, she had changed her major to Health Science, and planned to become a Registered Dietitian. However, after moving to Montana and Oregon to work on small-scale vegetable farms, she became aware of how important it is for individuals to understand where their food comes from. Her love for teaching and her passion for gardening pointed her in the direction of CSU, Chico, where she earned her BS in Health Education. She states that being able to see the change in the students' knowledge of the importance of their health is what inspires her, adding, "I take comfort in knowing my students have a growing appreciation for not only their personal health, but also for the growers of their food which keeps them healthy!" When she is not working, Jess enjoys baking, gardening, and metalsmithing (making jewelry). Jess can be reached at [jonorato@ucdavis.edu](mailto:jonorato@ucdavis.edu).



### Marlyn Pulido, Community Education Specialist 1, UCCE Riverside County

Marlyn Pulido has lived in Perris, California for most of her life, and from a young age she began cultivating what is now a deep appreciation of food and the culture that surrounds meals. Once in college however, she became increasingly troubled by the preventable health disparities that were commonplace in the low income and minority neighborhoods she volunteered with. During her time with them, Marlyn worked to educate and empower participants and was able to plan and implement various nutrition and health-centered programs before she was through. Though she considered various majors, her volunteer experience led her to end up graduating from the University of California, Los Angeles with a degree in Human Biology & Society and an emphasis in Medicine and Public Health. Marlyn hopes that through UC CalFresh she will not only help inspire healthy changes but also bring her love of food to the students and communities she works with. Marlyn can be reached at: [mpulido@ucanr.edu](mailto:mpulido@ucanr.edu).



## UC CalFresh Website Updates

### UC CalFresh Webinars & Trainings

#### \* UPDATED: UC CalFresh Training Calendar

The UC CalFresh Training Calendar has been updated to include information on trainings related to the Smarter Lunchrooms Movement. Please visit: <http://www.uccalfresh.org/trainings> to view the updated calendar.

#### \* 11/17/15 UC CalFresh Town Hall Webinar Recording & Handouts Now Available

A copy of the PowerPoint presentation, recording and handouts from the 11/17/15 UC CalFresh Town Hall webinar are now available for download. Please visit: <http://www.uccalfresh.org/trainings/town-halls> for additional information.

#### \* 11/16/15 UC CalFresh Reporting Tools Workbook Overview Training Webinar

The recording from the 11/16/15 UC CalFresh Reporting Tools Workbook Overview webinar is now available for viewing on the UC CalFresh website. Please visit: <http://www.uccalfresh.org/administrative/reporting-tools-workbook-1> for additional information.

### UC CalFresh Resources for Educators

#### \* Frequently Asked Questions

Don't forget about the "Nutrition & Food Questions" webpage! This webpage is available for UC CalFresh educators to submit questions and find responses to nutrition and food questions from participants that fall outside the topics covered in the nutrition curricula. The webpage is accessible from both the UC CalFresh website (<http://www.uccalfresh.org/resources>) as well as the EFNEP website ([http://efnep.ucanr.edu/Nutrition\\_Questions/](http://efnep.ucanr.edu/Nutrition_Questions/)). Please note, access to the page will require logging in to the UC ANR Portal. Please contact **Lyn Brock** ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)) if you have any questions.

#### \* Nutrition Education Support Materials for My Amazing Body; Good for Me & You; and It's My Choice Now Available!

Nutrition education support materials highlighted during the October 22nd webinar presented by Sharon Junge are now available on the UC CalFresh website. To view the support materials for the three curriculum, please visit: <http://uccalfresh.org/curriculum/youth-materials>.





## UC CalFresh in Action!

### UC CalFresh Nutrition Corners

The UC CalFresh State Office would like to see the creative ways your program and partners have used the UC CalFresh Nutrition Corners in your county. Please send photos and a brief description to **Lindsay Hamasaki** at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### UC Delivers

This is a friendly reminder that counties should contact **Andra Nicoli** ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu)) at the State Office if you are interested in developing a UC Delivers or have recently submitted a UC Delivers without State Office involvement. For those developing a UC Delivers, Andra can assist you in writing/editing/submitting a UC Delivers story. The State Office is also interested in keeping track of UC Delivers that are being submitted directly from counties. For those not requiring writing/editing services from the State Office, please share a copy of your submission with Andra. In this way, we can track the type of stories UC CalFresh is submitting and advocate for your story!

## Smarter Lunchrooms Movement of California



### The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with Lindsay Hamasaki via e-mail: [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please contact Mary Ann Mills at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



## Articles & Research



### USDA Awards \$2 Million for Nutrition Education and Obesity Prevention Research

The U.S. Department of Agriculture's National Institute of Food and Agriculture (NIFA) awarded \$2 million in grants to support research on nutrition education and obesity prevention for disadvantaged children and families at the University of Tennessee, Knoxville and Utah State University. The funding will help create two additional Regional Nutrition Education and Obesity Prevention Centers of Excellence (RNECE), established through the Supplemental Nutrition Assistance Program (SNAP) and Expanded Food and Nutrition Education Program (EFNEP). The awards include:

- \* **University of Tennessee at Knoxville (UT)** will receive \$1 million to strengthen SNAP and EFNEP nutrition education programs for low-income families. The Center will focus on reducing obesity by analyzing programs to identify facilitators, barriers, best practices, training and evaluation needs. UT will develop and disseminate resources tailored to the needs of those delivering SNAP-Ed and EFNEP interventions and adapt and disseminate readiness-to-change resources to strengthen organizational, community and neighborhood coalitions and provide resources to increase intercultural competence in SNAP-Ed and EFNEP implementation.
- \* **Utah State University in Logan, Utah** will receive \$1 million to compare EFNEP and SNAP-Ed program participants and non-participants with a variety of ethnic and racial backgrounds across five states. This research will improve USDA's ability to evaluate, create and maintain effective nutrition education programs that result in healthier food choices and increased physical activity for participants. These lifestyle changes will lead to improved health and reduced incidence of disease and disability, reducing costs to individuals and the nation's healthcare system.

The RNECE were established in 2014 with one research institution in each of NIFA's four administrative regions and one National Coordination Center. The Centers are the result of a partnership between USDA's Food and Nutrition Service (FNS), NIFA and the participating universities. Through these research centers the agencies expect to develop evidence-based data to support best practices that mitigate issues leading to obesity, particularly among poor and underrepresented groups. [Read full news release.](#)

### Feeding a passion for education: Millbrae lunch program focuses on fresh, quality ingredients

The days of boring, bland and unhealthy school lunches are over in Millbrae, as students are dining on more locally sourced, fresh meat, vegetables and ingredients under a new meal program introduced this year. California Thursdays is an initiative offered by Millbrae Elementary School District officials which aims to provide better, healthier and more creative lunches served at school to invigorate student interest in what makes a meal and where the food comes from, among other health and education benefits. Students gathered at tables in the Taylor Middle School gymnasium during lunch hour Thursday, Nov. 19, surrounded by friends, classmates, parents and teachers who came together to eat a Thanksgiving-inspired lunch of carved turkey slathered in gravy, with mashed potatoes and a side of baked butternut squash sitting on a bed of fresh greens. Erin Primer, the district's school food service supervisor, brought California Thursdays to the school due to a desire to offer better quality meals to students, and show them that hard work and extensive thought goes into the lunches they are served. Primer said she has worked with local farms and food providers to get some of the fresh meat and vegetables used to create the lunches, which offers benefits to local companies, as well as the students. "We want to get California food to California kids," said Primer. "The food tastes better and it is great for the local economy." Primer's vision has grown merely from an attempt to serve students more fresh food, to an opportunity to bring together the entire school community around lunch hour. During the most recent California Thursday meal, parents were invited onto the campus to eat with their children, while teachers and school staff mingled among students dining together and sitting around foldout tables with bench seating. The initiative in Millbrae is part of a larger statewide program designed by the Center for Ecoliteracy, which tries to get more, local, quality food in school lunches, and is supported in part by grant funding through the state Department of Food and Agriculture. [Read full article.](#)

### Exercise Can Reduce Heart Failure Risk, No Matter Your Age

Starting to exercise later in life can still reduce our risk of heart failure, and even modest increases in activity could provide some protection, researchers say. "Our findings suggest that when it comes to exercise and heart failure, the better-later-than-never axiom rings particularly true, and that even small boots in activity can cut risk," senior investigator Dr. Chiadi Ndumele said in a Johns Hopkins University School of Medicine news release. He is a preventive cardiologist and assistant professor of medicine at the medical school. The researchers studied the exercise habits of about 11,000 American men and women in a 20-year government study on aging and heart disease. All were between the ages of 45 and 64. None had heart disease at the start of the study. Activity levels were assessed on two consecutive visits over six years. Compared to those who were inactive at both visits, people who met or exceeded recommended physical activity levels of 150 minutes of moderate exercise or 75 minutes of vigorous exercise per week at both visits were 33 percent less likely to develop heart failure, the study found. Those who were consistently getting modest amounts of exercise—less than 149 minutes of moderate activity or less than 74 minutes of vigorous activity a week—had a 20 percent lower risk, the study revealed. But the researchers also found that inactive people who got moving to reach recommended physical activity levels at some point during the study reduced their risk of heart failure—by 22 percent. Inactive folks who increased their activity levels to about 30 minutes of walking four times a week reduced their risk by 12 percent, the researchers said. The study was presented at the American Heart Association's annual meeting. [Read full article.](#)



## Education & Resources

For additional resources, please visit the UC CalFresh website: <http://www.uccalrfresh.com/resources>



### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, California Department of Public Health Nutrition Education and Obesity Prevention Branch (NEOPB) is pleased to announce several upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. For more information on each training, please refer to the [attached flyer](#); for information on all SNAP-Ed trainings contact the Training and Development Section at [NEOPBTrainingSection@cdph.ca.gov](mailto:NEOPBTrainingSection@cdph.ca.gov). These and other trainings are also posted on the NEOPB Training and Events Calendar, available online at: <http://www.cdph.ca.gov/programs/NEOPB/Pages/NEOPB%20Calendar%20of%20Events.aspx>.

### Resources for Bringing Tribal Foods and Traditions into Cafeterias, Classrooms, and Gardens

Operating a farm to school program in a tribal setting or in a school with a high Native American population can help connect students to Native American food and agricultural traditions and expand markets for local and Native American farmers. In honor of Native American Heritage Month, here are some resources on the topic:

- \* [FNS Memo: Child Nutrition Programs and Traditional Food](#)
- \* [Farm to Cafeteria Initiatives: Connections with the Tribal Food Sovereignty Movement](#)
- \* [Indigenous Farm to School Programs: A Guide for Creating a Farm to School Program in an Indigenous Community](#)
- \* [Native Food Systems Resource Center Farm to School Page](#)
- \* [Centers for Disease Control and Prevention Traditional Foods Project](#)
- \* [National Farm to School Network Native Communities Page](#)

For additional Farm to School resources, please visit the USDA's Farm to School website: <http://www.fns.usda.gov/farmtoschool/farm-school>.

### Create a Healthy, Thrifty Holiday Feast!

Looking for healthy, budget friendly recipes for the holidays? Visit the [SNAP-Ed Connection](#) to find creative and healthy recipes for your upcoming festivities, including how to make the most of your Thanksgiving leftovers; and cookbooks for Hanukkah, Christmas and Kwanzaa. Visit: <https://snaped.fns.usda.gov/nutrition-through-seasons/healthy-thrifty-holiday-menus> to view and download tasty and affordable holiday menus on the SNAP-Ed Connection!

### Training Opportunities: "Painting Preschool Playgrounds for Movement" (Stencil Kits), 3 Free Training Sessions, Various Dates

These regional training opportunities offered by CDPH NEOPB demonstrates the use of stenciled playgrounds to increase physical activity (PA) in early childhood settings. Participants will learn about: PA recommendations for young children; fundamental movement skills; and how to use the Stencil Kits provided for each county. This free training is designed for child care providers, preschool teachers, child care center staff, health educators, PA coordinators, and Local Health Department staff working with early care and education partners. Information for each training session is noted below:

- \* **December 1, 2015, 9:00-12:00 PM, San Diego, CA**—registration deadline is November 16, 2015; participation is limited to 40 participants. [Click here](#) to register.
- \* **December 8, 2015, 1:00-3:00 PM, webinar**—this third, free training will take place via webinar. This training demonstrates the use of stenciled playgrounds to increase physical activity (PA) in early child care education settings. Participants will learn about PA recommendations for young children, fundamental movement skills, suggested playground elements, preparation and instructions for painting, tools to assist with playground designs, and sample lessons. [Click here](#) to register.

For UC CalFresh Staff, please contact Michele Byrnes ([mnbynes@ucdavis.edu](mailto:mnbynes@ucdavis.edu)) if you have signed up to participate. For general questions regarding the trainings, please contact Melba Hinojosa with the California Department of Public Health, Nutrition Education and Obesity Prevention Branch ([Melba.Hinojosa@cdph.ca.gov](mailto:Melba.Hinojosa@cdph.ca.gov), (916) 449-5370).

### Funding Opportunity: USDA Community Food Project Grant Program, Deadline: November 30, 2015, 5:00 PM EST

The 2016 [USDA Community Food Projects Grant Program](#) Request for Applications has been released, with \$8.4 million in grant funding available. Applications are due Monday, November 30, 2015 at 5:00 PM EST. Community Food Projects are designed to increase food security in communities by bringing the whole food system together to assess strengths, establish linkages, and create systems that improve the self-reliance of community members over their food needs. Eligible grant applications include food program service providers, tribal organizations, or private nonprofit entities, including gleaners. The [New Entry Sustainable Farming Project](#) is providing free one-on-one technical assistance and resources to organizations interested in applying for the [Community Food Projects Grants Program](#) through the National Institute of Food and Agriculture. For more information and to apply for technical assistance, please visit the Community Food Projects' website: <http://nesfp.org/food-systems/community-food-projects>.

### Webinar: NCCOR Connect & Explore: New Cost-Effectiveness and Impact Estimates for Childhood Obesity Interventions, December 9, 2015, 12:00 PM

The evidence-base for effective interventions in childhood obesity is evolving, but remains limited. Often policymakers and public health practitioners are faced with limited resources for their efforts to prevent and reduce childhood obesity. Building an understanding of the cost-effectiveness of childhood obesity interventions—which interventions offer the most value for money spent and cost savings—can play an important role in decision-making. The next Connect & Explore Webinar will explore the latest findings from the Childhood Obesity Intervention Cost-Effectiveness Study (CHOICES), a collaborative modeling effort to provide estimates of the effectiveness, costs, and reach of interventions to reduce childhood obesity in the United States. For additional information or to register for this webinar, please [click here](#).

### Funding Opportunity: Team Nutrition Smarter Lunchrooms Movement of California Grant, Deadline: December 10, 2015

The U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS) awarded the Nutrition Services Division (NSD) the 2015 Team Nutrition (TN) Grant in the amount of \$344,998. The TN Smarter Lunchrooms Movement (SLM) of California grant total for food authorities is \$340,000 to support funding approximately 25 school food authorities (SFA) up to \$13,600 to implement the TN SLM strategies with nutrition education at two TN school sites. For additional information regarding this opportunity, including important dates and contact information, please visit: <http://www.cde.ca.gov/fg/fo/profile.asp?id=3803>.

## Evaluation & Resources (continued)

### Webinar: Food Access Nutrition Education and Outreach Committee (FANOut), December 15, 2015, 2:00-3:30 PM

We are pleased to announce the upcoming FANOut Webinar, hosted by the California Department of Social Services, CalFresh Branch of the Welfare-to-Work Division and facilitated by the Public Health Institute Center for Wellness and Nutrition. This webinar will introduce and have a report out from the new CalFresh branch Chief, Kim McCoy-Wade, as well as share best practices and partnership opportunities within Early Childhood Education programs as our primary topic. In addition, we will provide reports from the USDA and participating state agencies, as well as our regular legislative updates as they relate to healthy food access for low-income Californians. Who should participate:

- \* Senior staff from state agencies implementing USDA FNS programs
- \* Regional and Statewide advocates and FNS grantees
- \* Senior county staff interested in learning more about implementing and expanding healthy food access and CalFresh Outreach activities within their communities
- \* CDSS CalFresh Outreach grantees
- \* Others who are interested in healthy food access for low-income families in California

If you have any questions, please contact Lisa Tadlock at [Lisa.Tadlock@wellness.phi.org](mailto:Lisa.Tadlock@wellness.phi.org). For additional information regarding this webinar, including a copy of the draft agenda and registration information, please [click here](#).

### Webinar: Let's Get Cooking: Making Your Food Demo Sizzle!, December 16, 2015, 1:00-3:00 PM

This webinar is available through the CDPH-NEOPB and is open to all SNAP-Ed Implementing Agencies. The purpose of this webinar is to improve competence, confidence, and effectiveness of staff who lead cooking/food demonstrations. Registration for this webinar is now open! For additional information regarding this webinar, including how to register, please visit: <https://attendee.gototraining.com/r/4480924769061487106>.



## We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please e-mail Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments on the new format of the Weekly Update, stories, photos, or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.com/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.