

## UC CalFresh Weekly Update June 5, 2017

### Contents

#### Upcoming Events & Deadlines

- \* 6/9/17 FFY 2018 Site Lists Due via CDSS SNAP-Ed SharePoint Site
- \* 6/20/17 UC CalFresh Town Hall Webinar
- \* FFY 2018 Site List and Site Clean Up Process Instructions

#### UC CalFresh Success Stories

- \* Eating Smart, Being Active Participant, Alameda County
- \* Plan, Shop, Save and Cook Participant, San Mateo County

#### UC CalFresh & UC ANR Employment Opportunities

- \* Community Education Specialist 1/2, UCCE Kings County
- \* Community Education Specialist 2, UCCE Tehama County
- \* Area Cooperative Extension (CE) Advisor—4-H Youth Development Advisor, UCCE San Luis Obispo & Santa Barbara Counties
- \* Area Cooperative Extension (CE) Advisor—4-H Youth Development Advisor, UCCE Orange County

#### Welcome New UC CalFresh Staff!

- \* Mayra Diaz, Student Assistant II, UCCE Yolo County
- \* Will Easley, Community Education Specialist 2, UCCE San Mateo/San Francisco Counties

#### UC CalFresh Website Updates

- \* UC CalFresh Trainings: Additional Resources from 4/18/2017 UC CalFresh Town Hall Webinar Now Available

#### UC CalFresh, UC ANR and UC Davis in the News!

- \* Obesity Conference Elevates Voices of Youth Advocates

#### UC CalFresh in Action!

- \* UC Delivers
- \* Nutrition and Food Questions Web Page

#### Smarter Lunchrooms Movement of California

- \* The Smarter Lunchrooms Movement of California *Monthly Nudge*
- \* SLM Self-Assessment Reporting Tool Closing June 15, 2017
- \* Smarter Lunchrooms Movement Principles & Practices Workshops

#### Articles & Research

- \* 50 states: 50 farmers markets
- \* Feeding Infants and Young Toddlers: Using the Latest Evidence in Child-Care Settings
- \* Caltrans Adopts State Bicycle and Pedestrian Plan

#### Education & Resources

- \* Training Opportunities for SNAP-Ed Local Implementing Agencies
- \* Summer Health Resources for Parents and Families
- \* Registration is Open: 2017 Youth Engagement In-Person Workshops
- \* Funding Opportunity: Playbook Plays with Funds for Fuel Up to Play 60
- \* Water Conference, Public Health Advocates
- \* Webinar: Engaging Seniors with EatFresh.org
- \* Webinar: Let's Get Fiscally Fit!
- \* Webinar: Involving Families in School Physical Activity (PA) Opportunities

### Upcoming Events & Deadlines

#### JUNE 2017

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

#### 6/9/17 FFY 2018 Site Lists Due via CDSS SNAP-Ed SharePoint Site

There are new updates with the FFY 2018 Site Lists and Site Clean Up timeline. \*\*The due date for the LIAs to complete the FFY 2018 Site Lists for SIA review has been moved from May 1 to **June 9**.\*\* Please contact [Jennifer Quigley \(jaquigley@ucdavis.edu\)](mailto:jaquigley@ucdavis.edu) if you have any questions.

#### 6/20/17 UC CalFresh Town Hall Webinar, 12:30-2:00pm

Please save the date for the June UC CalFresh Town Hall Webinar. Additional details regarding the Town Hall Webinar will be forthcoming. Please visit the [UC CalFresh Town Hall webpage](#) for additional information regarding future Town Hall webinars.

#### FFY 2018 Site List and Site Clean Up Process Instructions

CDSS has been working with their technical services team in order to create your FFY 2018 Site Lists. Please keep in mind the FFY 2018 Site Lists will be an exact copy of the FFY 2017 Site Lists with all your sites listed and renamed to your "SL\_Your County\_2018" as of March 29, 2017. Therefore, if any site changes were made on your FFY 2017 Site Lists after March 29, please ensure this is reflected in your FFY 2018 Site Lists. Effective April 10, 2017, LIAs can begin working on their FFY 2018 Site Lists available on [CDSS' SharePoint site](#). Please follow the "[SIA and LIA Instructions for the FFY 2018 Site Lists and Site Clean Up Process](#)" found on CDSS' SharePoint site under [Resources—CA SNAP-Ed Resources](#). Please contact [Jennifer Quigley \(jaquigley@ucdavis.edu\)](mailto:jaquigley@ucdavis.edu) if you have any questions.

## UC CalFresh Success Stories

Success stories from your FFY 2017 UC CalFresh participants can be shared through the online data entry portal: <http://ucanr.edu/survey/survey.cfm?surveynumber=18908>.

"I have enjoyed learning from my nutrition instructor. I have realized a lot of new things that I was not aware of from sodium/sugar and fat. I will use the information she provided for my daughters and for me."

—*Eating Smart, Being Active Participant,*  
Alameda County

"Before class, I never paid attention to the nutrition facts/serving size on labels. Now I always look at them. I pay attention to the sugars in my food. This is really great information. Thank you so much!"

—*Plan, Shop, Save and Cook Participant,*  
San Mateo County

## UC CalFresh & UC ANR Employment Opportunities

### Community Education Specialist 1/2, UCCE Kings County

This position is being advertised as either a Community Education Specialist 1 or 2 depending on the level of experience of the hired applicant. If the applicant is hired as a CES 1, they will be hired in a learning role. More of their duties will be direct education and there will be less outreach, and evaluation for the first year of the job. If the applicant is hired as a CES 2, duties would include providing leadership, mentoring to interns staff, and CES 1 staff. As well as actively promoting policy, system, and environmental changes at educational sites. After one year of successful performance as a CES 1, the individual will be eligible to be reclassified up to a CES 2. This position includes communication to clients in Spanish through translation, presentation and one-on-one communications. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The Application Submission date is **June 15, 2017**. For more information and to apply, go to: <https://jobs.ucop.edu/applicants/Central?quickFind=60450>.

### Community Education Specialist 2, UCCE Tehama County

The Community Education Specialist 2 will perform the full range of program implementation duties. Incumbent will be responsible for the coordination, management, and delivery of education to community based adults and/or youth. This position's primary focus will be on conducting, managing, and evaluating the nutrition education program to improve the environment of the school and community. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The closing date of this employment opportunity is **June 20th, 2017**. For more information and to apply, go to: <https://jobs.ucop.edu/applicants/Central?quickFind=60432>.

### Area Cooperative Extension (CE) Advisor—4-H Youth Development Advisor, UCCE San Luis Obispo & Santa Barbara Counties

UC ANR is seeking an Area Cooperative Extension (CE) Advisor for 4-H Youth Development that will address statewide goals to develop research-based youth development programming to increase youths' leadership and college/career readiness with an emphasis on expanding programming to underserved audiences in **San Luis Obispo and Santa Barbara Counties**. This position's single page announcement can be downloaded from the [UC ANR Employment Opportunities](#) website [here](#). The Application Submission date is **June 23, 2017**. For more information and to apply go to: [http://ucanr.edu/Jobs/Jobs\\_990/?jobnum=1193](http://ucanr.edu/Jobs/Jobs_990/?jobnum=1193).

### Area Cooperative Extension (CE) Advisor—4-H Youth Development Advisor, UCCE Orange County

UC ANR is seeking an Area Cooperative Extension (CE) 4-H Youth Development Advisor to conduct an extension, education and applied research program to assess, develop, implement, evaluate, strengthen and expand local UC 4-H Youth Development (4-H YD) programming and better serve under-represented populations in **Orange County**. This position's single page announcement can be downloaded from the UC ANR Employment Opportunities website [here](#). The Application Submission date is **July 17, 2017**. For more information and to apply go to: [http://ucanr.edu/Jobs/Jobs\\_990/?jobnum=1194](http://ucanr.edu/Jobs/Jobs_990/?jobnum=1194).

---

## Welcome New UC CalFresh Staff!

This feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a brief introduction and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### Mayra Diaz, Student Assistant II, UCCE Yolo County

Mayra recently received a Bachelor of Science in Nutrition and Foods, with a minor in Counseling from Sacramento State University in May of 2017. She is interested in empowering her community through nutrition education. Her mission is to increase self-efficacy in families and encourage healthy behaviors. She enjoys farmer's markets, cooking, and spending time with her family. Mayra likes to hike, camp, and kayak with her family and dog as often as possible. One of her goals is to practice more yoga and master the crow pose! Mayra can be reached at [maydiaz@ucanr.edu](mailto:maydiaz@ucanr.edu).

### Will Easlea, Community Education Specialist 2, UCCE San Mateo/San Francisco Counties



Will Easlea, an Environmental Studies, BA graduate out of UC Santa Barbara, is the new UC CalFresh Healthy Living Ambassador Program Coordinator with the San Mateo/San Francisco counties. His passion for working in the community and nutrition and eating well began when Will moved from PA to CA for college. Shortly after he got an internship and began working with kids and garden education at the School Gardens Program in Santa Barbara. Smitten by the incredible weather and year-round growing season, Will worked on an organic farm toiling away getting a deeper knowledge of growing food. After completing his degree and in the pursuit to work doing outdoor education, the opportunity to work as a Park Ranger with the National Parks Service brought Will to the Bay Area. He spent his time working on and delivering programs and hiking around. Will reconnected with food as a Farmers Market Manager and Food Education Coordinator helping support small farmers and helping connect children to fresh food. Feeling fulfilled in those positions, Will is excited to join the UC CalFresh program to connect with the community and help and inform students to make nutritious and healthy choices. In his free time, Will enjoys surfing, riding bikes, and visiting farmers markets! Will can be reached at: [wgeaslea@ucanr.edu](mailto:wgeaslea@ucanr.edu).

---

## UC CalFresh Website Updates

### UC CalFresh Trainings

#### \* Additional Resources from 4/18/2017 UC CalFresh Town Hall Webinar Now Available

Additional resources from the 4/18/2017 UC CalFresh Town Hall Webinar have been posted online and are now available. Please visit: <http://uccalfresh.org/trainings/town-halls/town-halls> to access these resources related to recommended fluid/water intake for children and infused water safety.

---

## UC CalFresh, UC ANR and UC Davis in the News!

### Obesity Conference Elevates Voices of Youth Advocates

It's no secret that obesity is a serious health issue in the United States. Obesity rates have doubled for adults and preschool children over the last 30 years, and they've tripled for school age children and adolescents. Recently, the national childhood obesity rate has leveled off, and California is even among a few states that have seen modest decreases in childhood obesity rates.

That's why the [9th Biennial Childhood Obesity Conference](#) on May 30-June 2, 2017 is so important. Nearly 2,000 experts from across the country are converging at San Diego's Manchester Grand Hyatt to discuss emerging research, best practices, community-based efforts and effective policy strategies that encourage healthy eating and physical activity practices for children, adolescents, and their families. But some of the most valued attendees may actually be the approximately 45 youth advocates from organizations around California, according to Lizzy Cooper, Program Coordinator, Center for Community Health at University of California, San Diego's (UCSD) School of Medicine.

For the Childhood Obesity Conference, UCSD partnered with the California Department of Public Health to lead the youth initiatives at the conference. They worked with youth groups around California to arrange for students and chaperons to attend the conference, as well as arranged scholarships for lodging and meals. "Most important, we advocated for elevating the youth voices within the conference" says Cooper. "When you're talking about child obesity, you really can't have a meaningful discussion without the voices of adolescents. These young people are the ones most impacted, and they are the health focus. But they are also the experts."

Youth groups are helping to plan various conference elements, such as a panel discussion, spoken word presentations, roundtable discussion, poster contest and even a youth lounge for networking. [Read full article.](#)

---

## UC CalFresh in Action!

### UC Delivers

This is a friendly reminder that counties should contact **Andra Nicoli** ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu)) at the State Office if you are interested in developing a UC Delivers or have recently submitted a UC Delivers without State Office involvement. For those developing a UC Delivers, Andra can assist you in writing/editing/submitted a UC Delivers story. The State Office is also interested in keeping track of UC Delivers stories that are being submitted directly from counties. For those not requiring writing/editing services from the State Office, please share a copy of your submissions with Andra. In this way, we can track the type of stories UC CalFresh is submitting and advocate for your story!

### Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the **Nutrition and Food Questions** web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact **Lyn Brock** ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)) if you have any questions.

---

## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### SLM Self-Assessment Reporting Tool Closing June 15, 2017

The SLM Self-Assessment Reporting Tool will be closing on **Thursday, June 15th, 2017**. If you or your staff have completed a 100 Point SLM Self-Assessment Scorecard during the 2016-2017 school year, please ensure the information is **entered into the online Self-Assessment Scorecard Reporting Tool** by **5:00pm June 15th**. **\*\*Please note that this portal is only for the 100 point scorecard.\*\*** [Click here](#) to access the portal. If you have any questions, please contact **MaryAnn Mills** at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).

### Smarter Lunchrooms Movement Principles & Practices Workshops, June 27, 2017, Sacramento, CA

*This workshop is brought to you by the SLM of CA Collaborative.*

**Smarter Lunchrooms Movement Principles and Practices Workshop** provides a solid foundation in the Smarter Lunchrooms Movement (SLM) principles and practices. In this half-day workshop, you will briefly review the theory behind the SLM, and familiarize yourself with a four-step process to implement SLM. You will also practice identifying and diagnosing school lunchroom challenges, and participate in an interactive session on how to engage internal and external stakeholders.

**Prerequisite:** Before attending the training, you must complete the webinar based course on the following Web site at: <https://ucdavis.box.com/v/SLM-Pre-Training>. This will greatly enhance your understanding of the Smarter Lunchrooms Movement and help you get the most out of the in-person training. For more information about SLM, please visit the SLM Web Page at <https://www.smarterlunchrooms.org/>.

**Location, Date and Time:** Sierra Health Foundation, 1321 Garden Highway, Sacramento, California 95833, Tuesday, June 27, 2017, 8:45 a.m.—12:00p.m.

### Registration Information:

Access the California Department of Education CNIPS Training Registration Web page at [https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration\\_2.aspx](https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration_2.aspx) to connect to CNIPS and begin the online registration process.

#### Registration steps:

1. Access the CDE CNIPS Web page at [https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration\\_2.aspx](https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration_2.aspx) to begin the online registration process.
2. Enter your agency or organization name in the text box where indicated. If you do not work for an agency or organization, enter your last name in the text box. Select **View Available Training**.
3. Register following the system prompts below:
  - a. Program Screen—select **All or School Nutrition Program**
  - b. Training Screen—select **Smarter Lunchrooms Movements Principles and Practices Workshop (C0021)**
  - c. Location Screen—select location (**T0832**)
4. After completing the Attendee Information and selecting the **continue** button, a confirmation e-mail will be sent to the e-mail address provided upon completion of the registration process.

Please review the attached flyer for additional information. If you have any questions, please contact **MaryAnn Mills** at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).

---

## Articles & Research

### 50 states: 50 farmers markets

May brings farmers markets back outdoors in major cities across the country. [Click here](#) to view a showcase of local growers and markets in each state to kick off the season. Shop, cook and eat seasonally with produce, spreads, goods and bread in your region at these destination events, from the various vendors open daily at Nashville Farmers Market and New Orleans' French Market, to Saturday markets in California, Kansas and Kentucky. The USDA's Agricultural Marketing Service [National Farmers Market Directory](#) is another great resource to check out! The Farmers Market Director lists markets that feature two or more farm vendors selling agricultural products directly to customers at a common, recurrent physical location. Maintained by the Agricultural Marketing Service, the Director is designed to provide customers with convenient access to information about farmers market listings to include: market locations, directions, operating times, product offerings, accepted forms of payment, and more. Visit: <https://www.ams.usda.gov/local-food-directories/farmersmarkets> for additional information, and to locate a farmers market near you!

### Feeding Infants and Young Toddlers: Using the Latest Evidence in Child-Care Settings

Early childhood is a critical period in the development, growth, and health of young children. The most recent data indicate that 60 percent of children ages 0 to 5 in the United States were under non-parental care at child-care centers (41%), home care by a relative (26%), and/or home care by a non-relative (5%). These child-care settings are part of the network of Early Care and Education (ECE) programs. ECE programs include both appropriate caregiving and one or more feedings, making ECE providers key players in the implementation of feeding and dietary guidelines targeting infants and toddlers. Early life diet and feeding strategies may play an important role in establishing healthy food preferences and behaviors, yet there is a lack of evidence-based guidelines for infant and toddler feeding practices in the United States. In 2016, *Healthy Eating Research*, a national program of the Robert Wood Johnson Foundation, convened an expert panel to review the evidence that has emerged over the past two decades for promoting healthy nutrition and feeding patterns for infants and toddlers. The expert panel's full report, "Feeding Guidelines for Infants and Young Toddlers: A Responsive Parenting Approach," is available on the [Healthy Eating Research website](#). This issue brief summarizes the evidence presented in the expert panel's full report as it relates to the ECE setting. [Read full issue brief.](#)

### Caltrans Adopts State Bicycle and Pedestrian Plan

Caltrans has adopted California's first statewide bicycle and pedestrian plan, [Toward an Active California](#), which lays out policies and actions to support active modes of transportation. This achieves the department's ambitious goals to double walking and triple bicycling trips by 2020, and reduce bicycle and pedestrian fatalities by ten percent each year. "Thanks to the input of our community partners, this new plan identifies steps we will take to improve pedestrian and bicyclist safety throughout the state, as well as ways to make walking and bicycling an appealing option for many everyday trips," said Caltrans Director Malcolm Dougherty. "The timing is right, with the recent passage of the Road Repair and Accountability Act of 2017, which funds an additional \$1 billion for the [Active Transportation Program](#) over the next ten years, active transportation will continue to play a vital role in California's efforts to reduce greenhouse gas emissions." The plan is the product of a collaborative effort between Caltrans, local and regional agencies, state agency partners, pedestrian and bicycle advocacy organizations, members of the public, and other stakeholders. This plan is designed to complement local and regional active transport plans being developed across the state. It will guide the planning and development of non-motorized transportation facilities, and maximize the use of future investments on the state highway system and other state facilities. The plan will also lead to improved connections for the state's bicycle and pedestrian facilities between local and regional roads, public transit, and intercity and passenger rail. *Toward an Active California* seeks to fulfill the six goals outlined in the California Transportation Plan 2040, and introduces 15 strategies and 60 actions that are specific to active transportation. At the core of the plan are four objectives: safety, mobility, preservation, and social equity. For more details about the plan, please visit: [www.cabikepedplan.org](http://www.cabikepedplan.org).

---

---

## Education & Resources

### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. The [FFY2017 California SNAP-Ed Training Schedule](#) is now available on the [Training and Events Calendar webpage](#).

- \* Youth Engagement– Supporting Youth Leadership in Peer to Peer Education (In-Person, Fresno)
- \* Youth Engagement– Introduction to Youth-Led Participatory Action Research (YPAR) (In-Person, Sacramento)
- \* Youth Engagement– Supporting Youth Use of Data and Mapping for Community Change (In-Person, various locations)
- \* Involving Families in School Physical Activity (PA) Opportunities (Webinar)
- \* Smarter Lunchrooms Movement Principles & Practices Workshop (In-Person, Sacramento)
- \* Central Cost Promising Practice Exchange– [click here for service area map](#) (In-Person, Monterey)
- \* Inland Desert Promising Practice Exchange– Inyo, San Bernardino, Riverside, San Diego and Imperial counties (In-Person, Riverside)
- \* Greater Los Angeles Promising Practice Exchange– City of Long Beach, Los Angeles, Orange, Ventura counties and City of Pasadena (In-Person, Arcadia)

These trainings are also posted on the CA SNAP-Ed Training and Events Calendar, available online at: <https://archive.cdph.ca.gov/PROGRAMS/NEOPB/Pages/SNAP-EdTrainingandEventsCalendar.aspx>.

### Summer Health Resources for Parents and Families

During the summer months, kids put the thought of school on the back burner, but the same doesn't have to go for eating smart and staying active! The USDA's Summer Food, Summer Moves program has created a collection of [free, downloadable resources](#) to get kids and families excited about healthy eating and physical activity, during the summer break. The program provides fun, interactive activities for kids and shows parents that promoting a healthy lifestyle can be easy and beneficial for the whole family. It features colorful brochures, flyers, in addition to recipes, and parent guides. Summer meal site operators can provide these resources to families participating in their Summer Food Service programs, as well as selecting resources which can be used to facilitate fun activities and initiatives at their meal sites. Visit <http://www.fns.usda.gov/summer-food-summer-moves> to view all of the Summer Food, Summer Moves resources. [Read full article.](#)

### Registration is Open: 2017 Youth Engagement In-Person Workshops

CA SNAP-Ed—in collaboration with Public Health Institute Center for Wellness and Nutrition, the UC Davis Center for Regional Change and Brown Miller Communications—is holding four [Youth Engagement in-person workshops in FFY 2017](#). The Youth Engagement in-person workshops are designed to provide an overview of CA SNAP-Ed youth engagement activities that support:

- \* Youth-Led Participatory Action Research (YPAR)
- \* Methods to support youth as spokespeople for change
- \* Peer to peer education
- \* Smarter Lunchrooms Movement (SLM)
- \* Use of data and mapping by youth in PSE change efforts

The first three workshops will have a morning session and afternoon session, with the afternoon session focused on training adult allies to support the use of data and mapping by youth. Registrants have the option to register for one or both sessions. **\*Please note:** Those registering for the afternoon Data & Mapping session are asked to bring their own laptop with WiFi capabilities in order to participate in interactive activities with the data and mapping tools during the session. The fourth in-person workshop is an all-day event that focuses on training adult allies on how to support and guide youth who may assume a variety of spokesperson roles.

Date	5/18/2017 Riverside CA	6/7/2017 Fresno CA	6/22/2017 Sacramento CA	7/12/2017 San Jose CA
AM Topic (9AM-12PM)	Supporting Student Nutrition Action Committees in Creating Healthy Changes in the Lunchroom	Supporting Youth Leadership in Peer to Peer Education	Introduction to YPAR	Supporting Youth Voice for Community Change
PM Topic (1PM-4PM)	Supporting Youth Use of Data and Mapping for Community Change			

To register for the Youth Engagement in-person workshops, please [click here](#). Note, there is one registration link for all of the training sessions. Participants can choose their session once their information has been entered. Additional information, including how to register, can be found on the [UC CalFresh Trainings Calendar](#) or the [CA SNAP-Ed Training and Events Calendar](#).

---

## Education & Resources *(continued)*

### Funding Opportunity: Playbook Plays with Funds for Fuel Up to Play 60, Deadline: June 14, 2017

Did you know that your school could receive up to \$4,000 in support of Playbook Plays with Funds for Fuel Up to Play 60? It's as easy as 1, 2, 3!

1. **Get Ready:** Involve your students and become familiar with the [2017-2018 Plays](#)—these are the Plays that are currently available for funding. Also, review the [sample funding application](#) and think about what support you may need from other adults at your school.
2. **Get Set:** Work with your students to select which of the Healthy Eating Plays and Physical Activity Plays best fit your school's wellness goals; you need to narrow it down to one of each type!
3. **Go!** When you feel you are ready, [start your funding application!](#)

**The deadline to submit your application is Wednesday, June 14, 2017.** If you need any help along the way, contact your [Local Dairy Council](#) or the [Fuel Up to Play 60 Team!](#)

### Water Conference, Public Health Advocates, June 14, 2017, 9:00am-3:00pm, Sacramento, CA

Join Public Health Advocates in Sacramento for a one-day conference on “tackling the health politics of water”.

Conference topics include:

- \* Safe Drinking Water: Who Gets it? Who Doesn't?
- \* Strategies to Ensure Safe Drinking Water in Schools & Communities
- \* The Practical Impacts of Climate Change on Drinking Water
- \* Drink Water Not Sugar: Strengthening the Growing Trend
- \* Building a Movement for Water Equity

To register for this conference, please [click here](#). For additional information, please visit: <http://www.phadvocates.org/event/june2017waterconference/>.

### Webinar: Engaging Seniors with EatFresh.org, June 15, 2017, 1:30-2:30pm

Join Jessica and Danielle from [EatFresh.org](#) on **Thursday, June 15, 2017 from 1:30-2:30pm** to learn strategies for integrating EatFresh.org and the EatFresh.org Mini Course into nutrition education with senior populations. This webinar will include a brief demo of EatFresh.org tools and best practices for what works well with seniors in a nutrition education setting. They will also address challenges that may arise when using online resources in groups with varying levels of digital literacy. To register for the webinar, please visit: [https://eatfresh.clickmeeting.com/engaging-seniors-with-eatfresh-org/register?\\_ga=2.258100234.1667557911.1494887937-1277346561.1492104195](https://eatfresh.clickmeeting.com/engaging-seniors-with-eatfresh-org/register?_ga=2.258100234.1667557911.1494887937-1277346561.1492104195).

### Webinar: Let's Get Fiscally Fit!, June 20, 2017, 1:30-3:30pm

“Let's Get Fiscally Fit”: Administrative and Fiscal Training is an informative and interactive workshop that will focus on budget development, budget adjustment and invoicing processes as well as examine desk review requirements. The UC CalFresh State Office is recommending the “Let's Get Fiscally Fit” webinar for new UC CalFresh staff (Managers, Supervisors, or Administrative staff) who have budget development/budget management responsibilities. Registration is now open and available [here](#) or through the [CA SNAP-Ed Training and Events Calendar](#).

### Webinar: Involving Families in School Physical Activity (PA) Opportunities, June 21, 2017, 1:30pm

This webinar will highlight best practices that have promoted PA connections for families and schools, strategies and partnerships essential to building more opportunities for family PA in schools, and related resources. Registration is now open and available [here](#) or through the [CA SNAP-Ed Training and Events Calendar](#).

---

#### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

---

*The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.*

